Issue: 8

Year 11 Mock Interviews

This week has seen the culmination of various careers activities for our Year II students with our students participating in a mock interview for a job of their choice. The interviews were with representatives from a variety of local organisations and national and global companies including The Rotary Club of Colchester Forum, Greater



Anglia, Ellisons Solicitors, Mersea Homes, SJC Design, Colchester General Hospital, Aon, HSBC, SwissRe and Mercury Theatre.

From these Seamus Clifford and Lisa Dawson Managing Partner and Partner at Ellisons Solicitors, Angus Milgate – Uk and Ireland Reinsurance Director and Rachael Humphreys – Senior Aviation Underwriter at SwissRe are all former students of The Thomas Lord Audley School and really enjoyed coming back to

be able to work with and support current students.

Prior to the interview the students had to undertake research into the job they were applying for, the company they had applied to and the relevant industry sector. In completing this research they have started to understand why labour market information is so important when they start looking for apprenticeships or employment and go for that interview.

Students were interviewed for 20 minutes and afterwards received feedback on the quality of their interview including their CV, dress code, speech, eye contact, handshake, confidence, response to the questions asked and if they had made a good impression. The students will use the feedback to help them develop these skills further. No matter how many interviews somebody does it is always nerve-wracking but all the students handled the pressure and performed amazingly well. After the interview one student said 'That was brilliant, can I do it again!!!'

The overall view of the interviewers was that the students who participated were very bright, well presented and confident. Matthew Jewson, Engagement Producer at Mercury Theatre said 'All students were so polite and it was especially inspiring to hear from your creative students. I thought overall the exercise was fantastic and it ran perfectly smoothly. Goes without saying we're definitely interested in taking part again next year!' Rachael Humpreys, Senior Aviation Underwriter at SwissRe commented 'Great students who were passionate about their future, knew where they were heading and what they needed to do to get there'.



Mrs Green Careers Leader









Bikeability Interest Request

Your child has the opportunity to take part in Bikeability training.

Bikeability is the Government's national cycle training programme based on the National Standard for Cycle Training. Cycling is a life skill with many benefits: it encourages independent mobility, is great for the environment, and improves physical and mental health. Bikeability builds the skills and confidence of people who can already ride and prepares them for a lifetime of cycling. Evidence shows Bikeability helps more people cycle, more safely, more often.

Bikeability is funded by the Department for Transport and Transport for London, and is delivered by trained, professional and DBS-checked Bikeability instructors.

Bikeability trains riders to make independent decisions and practice safe and responsible cycling.

Bikeability is offered at three levels:

Level 1 develops mastery in cycle handling skills in a traffic-free environment

Level 2 develops skills for cycling on single-lane roads with simple junctions and moderate traffic

Level 3 develops skills for cycling on busy, complex roads and junctions.

Riders must demonstrate all National Standard assessment criteria independently before they progress to the next Bikeability level. All participants receive an official Bikeability certificate including a personal cycle skills profile.

FURTHER INFORMATION FOR PARENTS. This course is designed to give the children the chance to participate in Level 3. Participants ideally should be regular cyclists and preferably have attained a Level 2 prior to commencing the course. Each child will be assessed in a playground or similar off road location, before the training commences. The initial section of the course is a refresher of Level 2 outcomes before continuing with the Level 3 training. This section of the course may incorporate complex junctions and road features such as roundabouts and traffic lights and is designed to build confidence in these situations and cope with cycling in traffic with the minimum risk. It will only give your child a basic level of cycling competence on which they will need to build and should not be regarded as a guarantee of their safety

Each child will be continually assessed and will all receive a booklet, badge and certificate.

Bikeability places are limited and places will be booked on a first come basis. Please complete the form below, the school will let you know the date in due course.

Level 3 Bikeability Cycle Training

I would like to put my child's name forward for cycle training.

Name of ChildTutor group

Please email: Simone. Hughes@tla.school if you wish for your child to participate





www.bikeability.org.uk





25-Nov	BMONDAY 1	MONDAY 2	MONDAY 3	MONDAY 4	MONDAY 5
ENGLISH LITERATURE p 2 (X POP ONLY) 2h 15m		SCIENCE (Physics) 1h 10m			
	BTUESDAY 1	TUESDAY 2	TUESDAY 3	TUESDAY 4	TUESDAY 5
	COMPUTER SCIENCE paper 2 (1h)		MATHS paper 2 (1h 30m)		
	BWEDNESDAY 1	WEDNESDAY 2	WEDNESDAY 3	WEDNESDAY 4	WEDNESDAY 5
	PE Paper 1 (1h)		MATHS paper 3 (1h 30m)		
					1
	BTHURSDAY 1	THURSDAY 2	THURSDAY 3	THURSDAY 4	THURSDAY 5
	MUSIC LISTENING (1h 30m) Conf Room		German Listening (MEC classroom)		
02-Dec	AMONDAY 1	MONDAY 2	MONDAY 3	MONDAY 4	MONDAY 5
	ART		ART		ART
	ATUESDAY 1	TUESDAY 2	TUESDAY 3	TUESDAY 4	TUESDAY 5
	Media Studies p2 TV clip (option B & C)		German F	Reading	
	AWEDNESDAY 1	WEDNESDAY 2	WEDNESDAY 3	WEDNESDAY 4	WEDNESDAY 5
	History P2		PE Paper 2 (1h)		
	ATHURSDAY 1	THURSDAY 2	THURSDAY 3	THURSDAY 4	THURSDAY 5
	German Speaking		German Speaking		German Speaking
	0.0.40	U C LL LAIT	1 10 : 15		-
	Option A is normal lesson for Week A/Tuesday/Period 5 Option B is normal lesson for Week A/Monday/Period 4				

Breakfast Club

Breakfast Club runs every morning before school from 7.30am till 8.20am.

This is free and available to all students

Students are not to enter the School site before 7.30am.

Breakfast Club

We offer a choice of :-

- Crumpets or Kingsmill 50/50 medium toast served with choice of butter, jam or marmite
- Selection of cereals served with semi-skimmed milk
- Pure apple or orange juice
- Hot drinks including tea, coffee and hot chocolate with semi-skimmed milk
- Milkshakes available on a Tuesday and Thursday only





Citizenship Trip to Young Essex Assembly

On Wednesday 13 November, 10 Year 9 GCSE Citizenship students attended the Young Essex Assembly Youth Voice Development Day. This was a fantastic opportunity for the students to actively take part and learn about key Citizenship issues.

The event was entirely led by YEA members, all of whom were of a similar age to the students and therefore highlighted the active role that our students could potentially play in society.

The first activity, "Show me the money", was all about government spending. Each group had £100 to spend and had to make decisions about how this money should be split across 9 different areas. Finbar Davies was the first person selected from TLA to



act as spokesperson for his group, speaking eloquently about why they had spent the most money on public services, including health, education, public order, defence and transport and justifying this as, "important as all people in the UK can access these services and they contribute to our Human Rights." As a further challenge, students then had their budgets cut to £70 to represent the country going through a financial crisis and they then had to re-assess their original spending choices. This was followed up by comparing their spending to actual government spending which certainly made students realise the difficult decisions that have to be made by the Government when making decisions on public spending.



The next activity was one of the most popular "Agree or Disagree". Here students had to show different coloured cards to show their opinion on a range of thought-provoking statements, being prepared to justify their opinions. This activity brought a wide-range of opinions, some of which were surprising! The majority of the students disagreed that schools should get rid of school uniforms and all agreed that public transport should

be free for young people. There was a unanimous opinion that climate change is a problem with Archie Woollcott justifying this by saying, "It is not fair on future generations to just let it pass. We need to take action for the future to improve conditions for them and not just think about our own needs today." Following this, the students discussed whether the voting age should be lowered to 16 in their groups and the justifications for this again, brought mixed opinions.

After this, students worked in their groups to create a campaign to persuade people and achieve an end goal on an issue of their choice. Each group only had 35 minutes to prepare their campaigns before presenting them and they did a fantastic job in such a short space of time, including researching the issue and presenting key statistics to show its significance, creating poems, drama scenes and informative awareness posters and slogans. The students selected a range of issues highlighted as affecting young people in Essex including: mental health, knife crime and the importance of protecting our environment.

Finally, students prepared for a Q and A session with YEA members, local councillors, youth service managers and education leaders. This was a valuable opportunity for the students to take part and hear the opinions of people in positions of power and it was an invaluable experience as this is something the students will have to do as part of their Citizenship Action unit, which they complete in Year 10. The students prepared some very mature questions and were able to direct them to the appropriate person in order to get the most informative response.

The students really enjoyed the opportunity to take part in the day and it was a fantastic opportunity to talk about some of the issues we have been discussing in lessons with other people as well as identify different approaches to Citizenship Action.

One student said of the day, "It was really interesting and a good experience. Lunch was worth the



wait!" . Whilst another said, "The day made it easier to speak out about issues because the more you discuss issues, the more you feel comfortable and confident to do so."

It was an absolute pleasure to spend the day with the students, who represented the school fantastically, and I look forward to building on this opportunity in future lessons with them. Well done to all who took part!

Mrs Warriner Lead Teacher of Citizenship



Accelerated Reader Rewards

As you may be aware this year we have been keen to encourage parental involvement in students' reading through a range of initiatives, including through the use of Year 7 Reading Logs. Each half term a student that has consistently had feedback from a parent and their log book signed will be randomly selected to receive a family £25 entertainment rewards youcher.

The winner selected for the first Autumn half term is Freya Clout.

Congratulations to Freya and family. We hope you enjoy the prize and have enjoyed the opportunity to discuss reading together.

The next prize will be announced in the final week before Christmas. Please continue to read with, and listen to your children read, to be in with a chance of winner this half term's prize which I am sure would make a lovely extra treat at Christmas!

Please remember there are a wide range of ways you can get involved in reading with your child including our next Parent-Child Book Club, Wild Boy on Tuesday 26th November. It is not too late to sign up so if you are interested

please visit the library and collect your copy of the book now!

Happy reading everyone!

Mrs Warriner School Improvement Leader



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The Thomas Lord Audley School Presents...

WINTER

CONCERT

TUESDAY 10 DECEMBER 2019
7pm in the School Hall
£2.50 each. Tickets available on ParentPay
until Monday 7 December

Year 10 Citizenship Action

The Thomas Lord Audley School are collecting the following new toys to donate to the Colchester Home-Start Charity as part of the Christmas Gift Shoebox Appeal organised by a Year 10 Citizenship action group.

Superhero items (Avengers, Batman etc.); Disney Items; Annuals; Pyjamas; Lego; Dolls; Confectionary; Cars; DVDs; Balls (footballs, soft balls etc.); Slime/Putty; Hair bands/brushes/hair accessories.

We are asking for donations of new toys from Families, Staff and Local businesses to give these children aged 0 -11, a truly Happy Christmas.

If you would like to be part of this amazing appeal then please drop your donations into The Thomas Lord Audley School PE Department by **Friday 6 December.**

Mr Julier

Lead Teacher of PE / Teacher of Citizenship

We need your support!



A recent Netmums survey revealed that 70% of families in the UK are struggling!

Your donation will enable Home-Start Colchester to help local families and children this Christmas!

Family feedback:

"We were in a homeless emergency accommodation, I had no money for Christmas presents just enough for a nice hot dinner, yet Home-Start came round with two massive bags of donated toys and my sons were really so happy"

Together we can help make it a Happy Christmas for local children in need of support



Charity No: 1116639 Company No: 05706756



Home-Start Colchester's mission is to make a real difference to the lives of local children

Colchester scheme's history

In 1993, local partners and professionals fought hard to create a Home-Start scheme in Colchester. In 1996 a successful Lottery bid enabled the scheme to begin to develop the Home-Start service, recruiting our first local volunteers to benefit local families.

The scheme has continued to sustain a Home-Start service since that first funding success but we continue to need local support to enable us to meet the demand for our services.

Home-Start Colchester provides family support and

help at the most difficult times



Email Office@homestartcolchester.org.uk - Tel 01206 854625

Bikes on School Site

From Monday II November 2019.

Students arriving on site will be asked to dismount their bikes when entering the site from any of the school gates in the morning.

When leaving the site after school students will also be asked to walk their bikes towards any of the main gates and push them through the pedestrian gate.



These are the busy times when most students are either arriving or leaving the site by foot and we are asking students to walk bikes off site towards the gates to highlight responsible bike ownership.

Students are allowed to cycle off site via the school field gate as long as they keep to the marked cycle way through the car park.

In addition to the above, the bike shelter will also be opened around 3.15pm to allow for the majority students leaving by foot to leave the site first.

We appreciate that is a new arrangement, but staff will be on duty to help support and remind those travelling to school by bike.

Mr K Rowland Assistant Headteacher

Child Protection Policy

The Thomas Lord Audley School's Child Protection Policy is available via the School Website

TLA House Point Totals

1st Austen 2.19 Last weeks top earner was Milo Jones, 7N-EP with 14

2nd Nelson 2.07 house points. Well Done!

3rd Darwin 2.03

The year 11 competition is as follows:

1st 11A-LB with 22.04 for the year. Well Done!

Attendance Winners

This week's attendance winners with 97.35% attendance were 7D-EH Congratulations!

Assemblies for week commencing 25 November

This week the House Assemblies are being led by Reverend Hughes.





Finance Notices

- 1. Sharp el-531 calculators available via ParentPay
- 2. Replacement catering cards available via ParentPay for £3
- 3. TLA school ties are available via ParentPay for £6.00
- 4. TLA school tie (clip-on) are available via ParentPay for £5.25
- 5. Replacement locker key are available via ParentPay for £3
- 6. Easter Multi-Sports Holland Festival 4th instalment is requested by 13 December 2019
- 7. Year 10 Ypres and The Somme 2nd instalment is requested by 31 January 2020
- 8. OCR GCSE PE revision guide available via ParentPay for £7
- 9. Year 7 Mersea Camp 2nd instalment is requested by 28 February 2020
- 10. Year 10 & 11 Macbeth tickets payment is requested by 5 December 2019
- 11. Year 11 Science Revision Guides are available via ParentPay
- 12. Year 11 Edexcel Maths Revision Guides are available via ParentPay
- 13. Year 8 Germany 2nd instalment is due by 28 February 2020
- 14. Christmas Lunch payment is requested by Friday 6 December to secure a ticket

Can we please ask you to check your child's catering card

Diary Dates

Monday 25 November	Rowhedge Road is closed due to road works. School bus # 175 will be operating via Fingringhoe Road in both directions for the duration.		
Thursday 28 November	GAME - rewards trip		
Friday 29 November	Non Pupil Day		
Tuesday 3 December	Year 7 trip to Mercury Theatre - 'Cinderella'		
Tuesday 10 December	Winter Concert - starts at 7.00pm		
Monday 16 December	Mersea / Peldon buses leave at 3.45pm		
Tuesday 17 December	Christmas Lunch		
Friday 20 December	Last day of Autumn Term		
Monday 6 January	First day of Spring Term		



Reading at TLA - Parent / Child Bookclubs

As you will be aware, at TLA we place great importance on developing the reading skills of our students and as such have developed a wide range of opportunities in order to do this successfully through both in-class and extra-curricular activities. New for this year!

The library will be hosting a parent-child book club where parents can read the selected book with their child and then attend the book club and discuss the book in an informal setting with the added bonus of a light meal provided in the form of pizza!

Book Club 2 - Wild Boy by Rob Lloyd Jones - Tuesday 26 November 5-6pm

For more information please ask Mrs Warriner. Books can be collected from Mrs Bredin in the Library. Happy reading!

Mrs Warriner School Improvement Leader



Unlike when they're meeting someone face-to-face, children don't always know who they're actually 'talking' to online, even if they think they do.

This makes it easy for someone who may want to hurt your child, to pretend they are someone else and become their 'friend'.

Tell your children they must never email, chat, or text with strangers and it's never OK to meet a stranger in the real world.

Whoever they see or meet online is still a stranger, no matter how often they see them online.

More information is available at:

www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/bullying-and-cyberbullying

www.childline.org.uk/info-advice/bullying-abuse-safety/types-bullying/online-bullying/

Child Protection Policy

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TUESDAY 17 DECEMBER 2019

Vegetarian Christmas Lunch

Vegetarian bake (contains gluten, wheat, milk), stuffing ball (contains wheat, barley and gluten), yorkshire pudding (contains wheat, egg, milk, gluten), roast potatoes, carrots, peas & vegetarian gravy (contains soya, barley and wheat). Chocolate log (contains gluten, wheat, milk, egg and soya). May contain traces of nuts.

Turkey Christmas Lunch

Roast turkey (contains wheat), stuffing balls (contains wheat, barley and gluten), pigs in blanket (contains wheat soya and sodium sulphate), yorkshire pudding (contains wheat, egg, milk and gluten), roast potatoes, carrots, peas & vegetarian gravy (contains soya barley and wheat). Chocolate log (contains wheat, milk, egg, soya and gluten). May contain traces of nuts.

You **MUST** pay for your child's Christmas Lunch before Friday 6 December.

Cost is £2.50.

Christmas Lunch tickets will then be issued by the tutor on after Friday 13 December.

Please note there will be **NO OTHER FOOD AVAILABLE** on Tuesday 17 December at all during break or lunch this day.

Students eligible for Free School Meals will automatically receive a turkey ticket unless they inform their tutor otherwise by FRIDAY 6 DECEMBER.

NO TICKET = NO LUNCH





TLA Catering Department

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fresh Chicken	Beef	Roast of the Day	Fresh Meatballs	Sausage in
Burger (Wheat Gluten Milk)	Enchilada (Wheat Milk Gluten)	Roast Potatoes	in a Tomato Sauce	Batter (Wheat Gluten
Quorn	Cheese	Chickpea &	(Gluten Soya Wheat	Sulphates)
Nuggets V	Omelette V	Butternut Squash	Egg)	Chips
(Wheat Gluten Egg Milk)	(Egg, Milk)	Curry V	Quorn Tacos V	Peas
Savoury	Croquette	Roasted	(Milk Gluten Wheat)	- 55
Potatoes	Potatoes	Chantenay	Baked Fresh	Southern Fried
Baked Beans	Roasted Medley	Carrots	Cajun Wedges	Burger V (Fish)
Sponge	of Vegetables	Savoy Cabbage	(Celery Gluten Wheat) Baked Beans	Marble Cake
(Wheat Milk Egg Gluten)	Fruit Crumble (Wheat Milk Gluten)	Jam Doughnuts (Wheat Gluten Milk)	Choc Oat Cake (Wheat Barley Milk)	(Wheat Gluten)

Sandwiches

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Chicken & Bacon Sandwich Cheese Salad Wrap Sausage Sandwich Ham Sub Cheese Sub	Chicken Mayo Sandwich BLT Cheese Sandwich Cheese Sub Chicken Sub	All Day Breakfast Ham Sandwich Chicken Sandwich Cheese Sub Ham Sub	Ham Sandwich Chicken Salad Wrap Cream Cheese & Cucumber Chicken Sub Cheese Sub	Cheese Sandwich Chicken Sandwich BLT Cheese Sub Ham Sub		
HOT & COLD FOOD TO TAKE AWAY DAILY ASSORTED PANINIS SALAD CART						
SPECIALS WILL BE ANNOUNCED DAILY ON THE INFORMATION TVS						