

Ultimate Football Heroes Event at the Library

As part of the library's additional activities this term, on Wednesday 22nd May we hosted a very eagerly anticipated Ultimate Football Heroes event in celebration of the books which tell the stories of some of the World's most famous footballers, past and present. Many of the students have read some of these books through their Accelerated Reader lessons or through the Reading Intervention programme and have enjoyed learning about how the players started out on their footballing journeys.

The library was a hive of activity with the event including Book Tasting, Table football, Blow football and a variety of quizzes to test the students' footballing knowledge. Over 30 students attended the event with many boys attracted to the library to discuss their favourite players and be awarded the crown of football genius on demonstrating their footballing knowledge. There were also very competitive games of table football and blow football which proved very popular with the students.

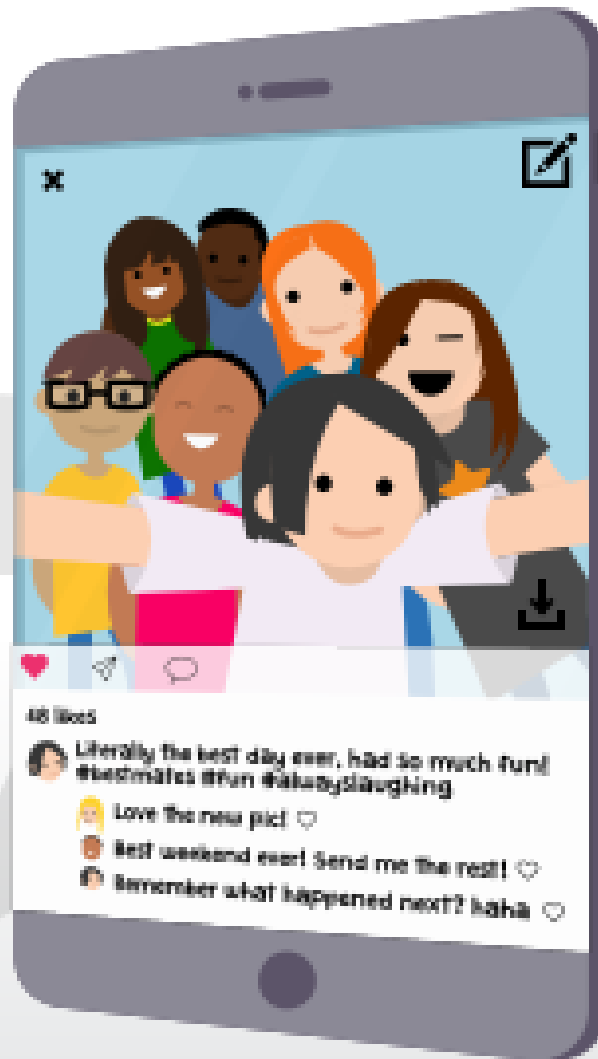
This was another enjoyable lunchtime event in the library and we look forward to future events. This event proved so popular we will be re-running it later this half term so watch this space for more details!

A reminder also that the library is also running two reward schemes open to all students: the Library Passport and the Summer Reading Challenge. For more information, please visit the library or speak to Mrs Bredin or Mrs Warriner! Have fun, get involved and enjoy reading!

Mrs Warriner
School Improvement Leader



'Perfect' Social Lives?



**Always think critically
about what you see online**
People can choose what they share about their lives
online, so don't believe everything you see!

Finance Notices

1. Sharp el-531 calculators available via ParentPay
2. TLA school tie and replacement locker key available via ParentPay
3. Year 10 Science Revision guides - available via ParentPay
4. Year 7 Mersea Camp - final instalment **NOW OVERDUE**
5. Year 10 Ypres and the Somme - final instalment **NOW OVERDUE**
6. Year 8 English Revision guides available via ParentPay
7. Year 9 Geography Field Trip - payment requested by 14 June 2019

Please ensure that lunch money payments are up to date using ParentPay, our online payment system. Any queries please contact the Main Office.

Diary Dates

Friday 14 June	Year 11 Leavers' Assembly
Friday 14 June	Year 10 Geography Trip
Thursday 20 June	Year 11 Prom
Thursday 27 June	Year 8 French Trip Information Evening
Friday 5 July	Mersea Buses departing @ 3.45pm
Tuesday 9 July	Year 7 Mersea Camp
Wednesday 10 July	Year 8 French Trip
Thursday 19 July	Year 10 Belgium Trip

Child Protection Policy

The Thomas Lord Audley School's Child Protection Policy is available via the School Website



Assemblies for week commencing 10 June

This week the House Assemblies are being led by Miss Capes associated with Reading/Literacy.

TLA House Cup Totals

1st Austen 29.23

2nd Darwin 28.01

3rd Nelson 27.35

Schools current top earner for the whole year is
Kiera Payne 7A-JK with 461 stars. Well Done!

Warm Weather

With the weather getting warmer, could you please ensure that your child comes to school with a bottle of water to prevent them from becoming dehydrated. They can be refilled using the filter water tap by the Kitchen.

A number of students are turning up at Student Reception complaining of headaches, which often can be attributed to dehydration.



Attendance Winners

This week's attendance winners with 95.08% attendance were 10A-RL. Congratulations!

After School Homework Club

There will be no after school homework club in the Learning Academy for the duration of the Year 11 exams (13 May—18 June 2019)

Ms Rees



GCSE TIMETABLE SUMMER 2019


Date	Start	Length	Board	Component Title
Mon 10 Jun	08:45	01:30	OCR	Food Preparation & Nutrition
Mon 10 Jun	13:00	01:15	OCR	Child Development
Mon 10 Jun	13:00	01:00	OCR	Health & Social Care
Mon 10 Jun	13:00	01:30	WJEC	Media Studies: Understanding Media
Tue 11 Jun	08:45	01:30	EDEXL	Maths: Calculator
Tue 11 Jun	13:00	01:20	EDEXL	History: Weimar & Nazi Germany
Wed 12 Jun	08:45	01:10	EDEXL	Chemistry paper 2
Wed 12 Jun	08:45	01:45	EDEXL	Triple Science: Chemistry paper 2
Wed 12 Jun	13:00	35/45m	AQA	German Listening
Wed 12 Jun	13:00	45m/1h	AQA	German Reading
Wed 12 Jun	13:00	01:45	EDEXL	Citizenship paper 1
Thu 13 Jun	08:45	01:15	AQA	Geography paper 3
Thu 13 Jun	13:00	01:30	EDEXL	Statistics paper 1F
Fri 14 Jun	08:45	01:10	EDEXL	Physics paper 2
Fri 14 Jun	08:45	01:45	EDEXL	Triple Science: Physics paper 2
Mon 17 Jun	08:45	1h/1h 15	AQA	German Writing
Mon 17 Jun	08:45	01:45	EDEXL	Citizenship paper 2
Tue 18 Jun	08:45	01:30	EDEXL	Statistics paper 2F

Year 10 Mock Exams Monday 17 June - Thursday 27 June 2019

Mon 17 June	Morning	German Reading
Tues 18 June	Afternoon	Music Listening
Wed 19 June	Morning	Maths Paper 1
Wed 19 June	Afternoon	All Option A except Music
Thu 20 June	Morning	All Option C except Art
Thu 20 June	Morning	German Writing
Thu 20 June	Afternoon	English Paper 1
Fri 21 June	Morning	Maths Paper 2
Fri 21 June	Afternoon	English Paper 2
Tues 25 June	Morning	PE
Tues 25 June	Afternoon	All Option B
Wed 26 June	All Day	ART
Thu 27 June	Morning	German Listening
Thu 27 June	Afternoon	Maths Paper 3



Sign Language Club




Monday Lunchtimes

1.40 – 2.05

Please eat lunch first

D9 Mrs Dunne's Classroom

Everyone Welcome




Mental Health Wellbeing & Recovery
COLCHESTER – JUNE 2019

THIS WORKSHOP IS **FREE** TO ATTEND AND OPEN TO ALL

Improve Stress & Relaxation

Saturday 15th June 2019
9:30am – 3:00pm
MEWM6D2Y18



A one day workshop to help manage stress levels and practice relaxation techniques, including mindfulness.

Topics
Stress cycle
Stress triggers
Self-care
Relaxation
Mindfulness

Please bring lunch and refreshments

Adult Community Learning Colchester
Wilson Marriage Centre
Barrack Street, CO1 2LR



To enrol please call 0345 603 7635
or book online at www.aclessex.com enquiries: hazel.newton2@essex.gov.uk



Mental Health Wellbeing & Recovery
COLCHESTER – JUNE/JULY 2019

COURSES ARE **FREE** TO ATTEND AND OPEN TO ALL

Lifestyles *Managing Everyday Living*

Tuesday 11th June (6 weeks)
MEWM2A6Y18
AM: 10:00-12:30

Learners will be able to explore strategies around everyday living so that they feel more confident about:

- Building routines
- Decluttering / Organising
- Finance & budgeting
- Community engagement

Managing Anxiety

Tuesday 11th June (6 weeks)
MEWM2B6Y18
PM: 1:00-3:30

Learners will be able to learn strategies to enable them to have more control over their day to day life and wellbeing, including:

- Self care
- Identifying triggers
- Coping with anxiety
- Keeping mood diaries

Building Self-Confidence

Monday 24th June (6 weeks)
MEWM1A6Y18
AM: 10:00-12:30

This is for learners wishing build their self-confidence and will help with techniques for:

- Assertiveness
- Positive thinking
- Negotiation
- Communication skills

Improving Health & Wellbeing

Monday 24th June (6 weeks)
MEWM1B6Y18
PM: 1:00-3:30

Learners will be able to explore the concepts of health and personal wellbeing by learning about:

- Sleep
- Physical activity
- Healthy eating
- Mental wellbeing
- Relaxation & mindfulness

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THE SIGMA TRUST



THE THOMAS LORD AUDLEY SCHOOL

TLA Catering Department

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fresh Pizza (Wheat Gluten Egg) Cottage Pie V (Wheat Gluten Barley) Baked Fresh Potato Wedges Peas Syrup Sponge (Wheat Milk Egg Gluten)	Lasagne & Garlic Bread (Wheat Milk Gluten) Cauliflower Cheese V (Wheat Milk) Parsley Potato Sweetcorn Apple Crumble (Wheat Gluten)	Roast of the Day Roast Potatoes Steamed Carrots Savoy Cabbage Lentil Curry V (Wheat Gluten) Jam Doughnuts (Wheat Gluten Milk)	Chicken Curry & Brown Rice (Gluten Soya Wheat Mustard) Sauté Potatoes (Celery Gluten Wheat) Tomato & Brie Flan V Citrus Sponge (Wheat Gluten Milk)	All Day Breakfast (Wheat Egg Milk Gluten) Hash Browns Baked Beans Toad in the Hole V (Gluten Wheat Egg) Marble Cake (Wheat Gluten)

Sandwiches

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken & Bacon Sandwich Cheese Salad Wrap Sausage Sandwich Ham Sub Cheese Sub	Chicken Mayo Sandwich BLT Cheese Sandwich Cheese Sub Chicken Sub	All Day Breakfast Ham Sandwich Chicken Sandwich Cheese Sub Ham Sub	Ham Sandwich Chicken Salad Wrap Cream Cheese & Cucumber Chicken Sub Cheese Sub	Cheese Sandwich Chicken Sandwich BLT Cheese Sub Ham Sub

HOT & COLD FOOD TO TAKE AWAY DAILY

ASSORTED PANINIS

SALAD CART

SPECIALS WILL BE ANNOUNCED DAILY ON THE INFORMATION TVS

