

Maths NEMO Event



On Monday 2 December twelve year 9 students represented the school in the annual North Essex Mathematics Olympiad. The event was well attended and the competition was fierce. The teams took part in a range of rounds testing their mathematical and problem-solving skills. The teams had to make quick decisions as to how to tackle problems and the best approaches either as a team, pair or individually depending on the questions. The teams worked exceptionally well together with each pupil having their time to shine.

Second place — Rebecca Webb, Anna Michalik, Scarlett Clarke and Lucy Webb.

We are delighted to say two of our three teams were placed in the top three, with only one mark separating first and second places. This is a fantastic achievement and we are very proud of everyone involved. They are already looking forward to next year with their sights firmly set on first place.



Third place - Ehad Ahmed, Stephanie Parker, Sophie Blair and Izzy Williamson.



Top row from left to right:- Alfie Goodson, Susanna Jonas, Sophie Blair, Anna Michalik, Scarlett Clarke, Lucy Webb, Joseph Wyatt and Ehad Ahmed, Bottom row:- Amy Johnson, Rebecca Webb, Izzy Williamson and Stephanie Parker.

Mrs Dunne
Mathematics teacher



Escape the Library!

This half term, as part of the Library's programme of activities on offer, students have been eagerly anticipating the Library's first Escape Room! The event entailed a series of challenges that students had to complete in order to be able to claim their escape! The activities included:

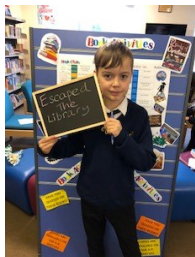
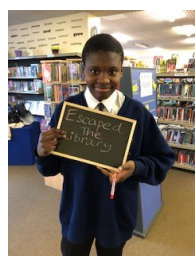
- ◆ Scrabble, where students had to create an adjective worth 8 points
- ◆ A deciphering activity, where students had to use their decoding skills to reveal a book title
- ◆ Riddles
- ◆ First News reading comprehension task based on 'I'm a Celebrity get me out of here'
- ◆ Create a book jigsaw
- ◆ Colour coded puzzle to reveal a book title
- ◆ Team building to create a book tower
- ◆ Vocabulary match to match words to their definition
- ◆ Match the character to the book quiz.

Approximately 40 students took on the challenge and there was a great buzz in the library as students were highly competitive to achieve the fastest time. Students across Years 7-10 took part with the fastest times being achieved by Michael Blowers and Daniel Massey in Year 10.

Look out for more upcoming Library events across a wide range of themes. Get involved and try something new!

Congratulations to all students that took part!

Mrs Warriner
School Improvement Leader



School Uniform Reminder

The majority of our students look very smart every day. We do still have a concern about some of the trousers and skirts that are being worn. Please see below for a reminder of our expectations:

If “trousers or skirts” are purchased from other outlets they should be a similar design. They should **not** be ‘skinny’ (tight all the way down to the ankle), or made of stretchy material e.g. leggings or in the style of, or resembling, black jeans. We appreciate that some shops are selling ‘school trousers’ in these styles, but they are not acceptable as part of the uniform for students at The Thomas Lord Audley School.

Skirts should be black and knee length (as shown on our website) and not the stretch fashion designs or flared.

We will be following up any items that are not suitable in the forthcoming weeks.

If you need any further clarification, please do not hesitate to contact us for advice.

Breakfast Club

Breakfast Club runs every morning before school from 7.30am till 8.20am.

This is free and available to all students

Students are not to enter the School site before 7.30am.

We offer a choice of :-

- Crumpets or Kingsmill 50/50 medium toast served with choice of butter, jam or marmite
- Selection of cereals served with semi-skimmed milk
- Pure apple or orange juice
- Hot drinks including tea, coffee and hot chocolate with semi-skimmed milk
- Milkshakes - available on a Tuesday and Thursday only



Lost Property

Lost property will be displayed at the Student Office from Monday 9 December until the end of term. After this date all items will be disposed of.



Sexting and sending nudes

Sending a nude can be risky. If you have been sexting and something's gone wrong, we have advise to help.

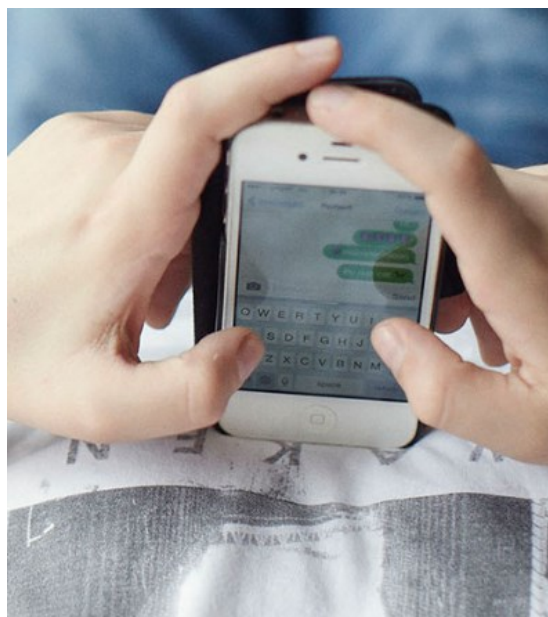
What is sexting

Sexting is when you send a sexual message, photo or video to someone else. It could be a picture of you, but sometimes people send pictures and videos of other people.

Messages could be to a friend, boyfriend, girlfriend or someone online.

Sexting includes:

- being partly or completely naked, or in your underwear
- posing in a sexual position
- sending 'nudes' or 'dick pics'
- talking about sexual things you're doing or want to do
- doing sexual things on a live stream



What to do if you have shared a nude

If you have sent a nude and you are worried about what might happen, there are things you can do:

- **Ask for the message to be deleted**

Explain that you're not comfortable with them keeping the picture and ask them to delete it.

- **Don't reply to threats**

Don't reply to someone trying to threaten or blackmail you, and don't send more photos. It can be scary, but it can help you to keep in control

- **Talk to someone you trust**

Talking can be scary, especially if you're being threatened. But it can also help you get support and stay in control.

- **Report what's happened**

If you're under 18 and you're worried or being threatened you can make a report online

<https://www.ceop.police.uk/Safety-Centre/> . Making a report is not confidential but it does mean that they can help to stop what is happening.

- **Get help with how you're feeling**

Having a nude shared by other people or being threatened is not your fault. If you are struggling to cope or you don't know what to do you can contact **ChildLine** on 0800 1111 <https://www.childline.org.uk/get-support/> .



Coping with pressure to send nudes

Sexting should always be consensual. That means it's not okay for someone to pressure you to send a nude.

Feeling pressured can include:

- feeling like you owe someone something
- worrying that they won't like you as much if you don't
- being asked over and over again
- not wanting to hurt someone's feelings
- worrying about getting into trouble or being hurt if you don't
- being offered money or a gift
- anything else that makes you feel like you have to send a nude.

If someone won't stop messaging you or asking you for nudes, blocking and reporting them can help to keep you and other young people safe.

Nude selfies NCA-CEOP Command's Thinkuknow education programme new resource called 'Nude Selfies — What parents and arears need to know' have the following films

<https://www.youtube.com/watch?v=XjV0IKYpakk&feature=youtu.be>

<https://www.youtube.com/watch?v=qSlyExhWg6M&feature=youtu.be>

<https://www.youtube.com/watch?v=E5LA2nKHVZ0&feature=youtu.be>

<https://www.youtube.com/watch?v=IK3TDzETkRg&feature=youtu.be>

Head Lice

It has been drawn to our attention that there are students within the School who currently have head lice.



Could we please ask that you check your child's hair and if any are found please treat them.

For more information on how to treat them please go to <https://www.nhs.uk/conditions/head-lice-and-nits/>



Child Protection Policy

The Thomas Lord Audley School's Child Protection Policy is available via the School Website



Bikeability Interest Request

Your child has the opportunity to take part in Bikeability training.

Bikeability is the Government's national cycle training programme based on the National Standard for Cycle Training. Cycling is a life skill with many benefits: it encourages independent mobility, is great for the environment, and improves physical and mental health. Bikeability builds the skills and confidence of people who can already ride and prepares them for a lifetime of cycling. Evidence shows Bikeability helps more people cycle, more safely, more often.

Bikeability is funded by the Department for Transport and Transport for London, and is delivered by trained, professional and DBS-checked Bikeability instructors.

Bikeability trains riders to make independent decisions and practice safe and responsible cycling.

Bikeability is offered at three levels:

Level 1 develops mastery in cycle handling skills in a traffic-free environment

Level 2 develops skills for cycling on single-lane roads with simple junctions and moderate traffic

Level 3 develops skills for cycling on busy, complex roads and junctions.

Riders must demonstrate all National Standard assessment criteria independently before they progress to the next Bikeability level. All participants receive an official Bikeability certificate including a personal cycle skills profile.

FURTHER INFORMATION FOR PARENTS. This course is designed to give the children the chance to participate in Level 3. Participants ideally should be regular cyclists and preferably have attained a Level 2 prior to commencing the course. Each child will be assessed in a playground or similar off road location, before the training commences. The initial section of the course is a refresher of Level 2 outcomes before continuing with the Level 3 training. This section of the course may incorporate complex junctions and road features such as roundabouts and traffic lights and is designed to build confidence in these situations and cope with cycling in traffic with the minimum risk. It will only give your child a basic level of cycling competence on which they will need to build and should not be regarded as a guarantee of their safety

Each child will be continually assessed and will all receive a booklet, badge and certificate.

Bikeability places are limited and places will be booked on a first come basis. Please complete the form below, the school will let you know the date in due course.

Level 3 Bikeability Cycle Training

I would like to put my child's name forward for cycle training.

Name of ChildTutor group

Please email: Simone.Hughes@tla.school if you wish for your child to participate



Department
for Transport



www.bikeability.org.uk



THE SIGMA TRUST



THE THOMAS LORD AUDLEY SCHOOL



*The Thomas Lord Audley School
Presents...*

WINTER CONCERT

TUESDAY 10 DECEMBER 2019

7pm in the School Hall

**£2.50 each. Tickets available on ParentPay
until Monday 7 December**



Finance Notices

1. Sharp el-531 calculators available via ParentPay
2. Replacement catering cards available via ParentPay for £3
3. TLA school ties are available via ParentPay for £6.00
4. TLA school tie (clip-on) are available via ParentPay for £5.25
5. Replacement locker key are available via ParentPay for £3
6. Easter Multi-Sports Holland Festival - 4th instalment is requested by 13 December 2019
7. Year 10 Ypres and The Somme - 2nd instalment is requested by 31 January 2020
8. OCR GCSE PE revision guide available via ParentPay for £7
9. Year 7 Mersea Camp - 2nd instalment is requested by 28 February 2020
10. Year 11 Science Revision Guides are available via ParentPay
11. Year 11 Edexcel Maths Revision Guides are available via ParentPay
12. Year 8 Germany - 2nd instalment is due by 28 February 2020

Can we please ask you to check your child's catering card balance and clear any debt.

Diary Dates

Tuesday 10 December	Winter Concert - starts at 7.00pm
Monday 16 December	Mersea / Peldon buses leave at 3.45pm
Tuesday 17 December	Christmas Lunch if you have paid via ParentPay
Friday 20 December	Last day of Autumn Term 
Monday 6 January	First day of Spring Term
Tuesday 14 January	Year 9 - University of Essex trip
Wednesday 15 January	Grade 9 Masterclass
Thursday 23 January	Year 11 Parents Evening



Bikes on School Site

From Monday 11th November.

Students arriving on site will be asked to dismount their bikes when entering the site from any of the school gates in the morning.

When leaving the site after school students will also be asked to walk their bikes towards any of the main gates and push them through the pedestrian gate.

These are the busy times when most students are either arriving or leaving the site by foot and we are asking students to walk bikes off site towards the gates to highlight responsible bike ownership.

Students are allowed to cycle off site via the school field gate as long as they keep to the marked cycle way through the car park.

In addition to the above, the bike shelter will also be opened around 3.15pm to allow for the majority students leaving by foot to leave the site first.

We appreciate that is a new arrangement, but staff will be on duty to help support and remind those travelling to school by bike.

Mr K Rowland
Assistant Headteacher



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TLA House Point Totals

1st	Nelson	4.95	Last weeks top earner was Ben Ansell, 7A-TC, with 22 house points. Well Done!
2nd	Austen	4.90	
3rd	Darwin	4.71	

The year 11 competition is as follows: 1st 11-RL with 29.08 for the year. Well Done!

Attendance Winners

This week's attendance winners with 98.57% attendance were 9A-PB Congratulations!

Assemblies for week commencing 9 December

This week the House Assemblies are being led by Kerry Newton associated with Personal, Social and Health Education.





CHRISTMAS LUNCH

The deadline has passed to purchase your Christmas Lunch.

If you have not purchased a ticket your child must bring in a packed lunch on Tuesday 17 December.

There is NO OTHER FOOD available at TLA during break or lunch on this day.

Tickets will be issued via Tutors

Students eligible for Free School Meals will receive a turkey lunch unless they advised the Main Office by 6 December

TLA Catering Department

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fresh Pizza (Wheat Gluten Egg) Cottage Pie V (Wheat Gluten Barley) Baked Fresh Potato Wedges Peas Syrup Sponge (Wheat Milk Egg Gluten)	Lasagne & Garlic Bread (Wheat Milk Gluten) Cauliflower Cheese V (Wheat Milk) Parsley Potato Sweetcorn Apple Crumble (Wheat Gluten)	Roast of the Day Roast Potatoes Steamed Carrots Savoy Cabbage Lentil Curry V (Wheat Gluten) Jam Doughnuts (Wheat Gluten Milk)	Chicken Curry & Brown Rice (Gluten Soya Wheat Mustard) Sauté Potatoes (Celery Gluten Wheat) Tomato & Brie Flan V Citrus Sponge (Wheat Gluten Milk)	All Day Breakfast (Wheat Egg Milk Gluten) Hash Browns Baked Beans Toad in the Hole V (Gluten Wheat Egg) Marble Cake (Wheat Gluten)

Sandwiches

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken & Bacon Sandwich Cheese Salad Wrap Sausage Sandwich Ham Sub Cheese Sub	Chicken Mayo Sandwich BLT Cheese Sandwich Cheese Sub Chicken Sub	All Day Breakfast Ham Sandwich Chicken Sandwich Cheese Sub Ham Sub	Ham Sandwich Chicken Salad Wrap Cream Cheese & Cucumber Chicken Sub Cheese Sub	Cheese Sandwich Chicken Sandwich BLT Cheese Sub Ham Sub

HOT & COLD FOOD TO TAKE AWAY DAILY
ASSORTED PANINIS
SALAD CART
SPECIALS WILL BE ANNOUNCED DAILY ON THE INFORMATION TVS

