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# Understanding Behaviour that Challenges

Challenging behaviour is causing increasing concern today as many individuals have increasing levels of stress and uncertainty in their lives. This behaviour can be due to factors such as anxiety, neglect, abuse, learning disabilities and conditions like dementia. Understanding the causes of challenging behaviour is the first step towards finding ways to support individuals and manage their behaviour.



### **Benefits**

- Achieve a nationally recognised Level 2 qualification
- Improve your understanding of the reasons why individuals display behaviour that challenges and its impact
- Further your personal and professional development
- Be able to support individuals effectively
- Learn at a time that suits you without the need to attend college

## What you will learn

- Unit 1 Understand Behaviour That Challenges.
- Unit 2 Understand How to Support Positive Behaviour
- Unit 3 Understand the Importance of Effective Communication and the Management of Behaviour That Challenges
- Unit 4 Understand the Role of Reflection and Support for Those Involved in Incidents of Behaviour that Challenges



- Aged 19+ (born before 01/09/1998)
- Lived in the EU for 3 years



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## **Understanding Autism**

Autism is a spectrum condition that affects how a person communicates with others and how they interpret the world around them. There are around 700,000 people in the UK with autism – more than 1 in every 100. Having a clear understanding of the misconceptions, diagnoses and support surrounding autism are just some of the essential skills needed when working in mental health.



#### **Benefits**

- Achieve a nationally recognised Level 2 qualification
- Improve your understanding of theories relating to autism
- Further your personal and professional development
- Ensure you understand what is meant by autism and how it is diagnosed
- Learn at a time that suits you without the need to attend college

## What you will learn

- Unit 1 Introduction to Autism
- Unit 2 Using a Person-Centred Approach to Support Individuals with Autism
- Unit 3 Communication and Social Interaction in Individuals with Autism
- Unit 4 Sensory Processing, Perception and Cognition in Individuals with Autism
- Unit 5 Supporting Positive Behaviour in Individuals with Autism
- Unit 6 Supporting Individuals with Autism to Live Healthy and Fulfilled Lives



## Eligibility Criteria

- Aged 19+ (born before 01/09/1997)
- Lived in the EU for 3 years
- Min of 8 learners
   (10 in London)



Available fully funded

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# Children and Young People's Mental Health

Mental health problems affect around 1 in 10 children and young people. These issues include depression, anxiety and conduct disorder and can often be a direct response to occurrences in their lives. Emotional wellbeing is just as important as a child's mental health, therefore it is important for those working with children and young people to have a good understanding of the concepts, risk factors and impact of mental health.



#### **Benefits**

- Achieve a nationally recognised Level 2 qualification
- Evidence your competency to employers.
- Further your personal and professional development
- Gain an understanding of risk factors which may affect the mental wellbeing of children and young people
- Learn at a time that suits you without the need to attend college

## What you will learn

- Unit 1 Understand Children and Young People's Mental Health in Context
- Unit 2 Understand Factors which may Affect Children and Young People's Mental Health
- Unit 3 Understand Children and Young People's Mental Health Concerns
- Unit 4 Understand the Impact of Children and Young People's Mental Health Concerns
- Unit 5 Understand how to Support Children and Young People with Mental Health Concerns



- Aged 19+ (born before 01/09/1998)
- Lived in the EU for 3 years



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# Understanding Safeguarding and Prevent

Official data showed that over 7,500 people were referred to the Prevent programme in 2015/16. The purpose of this qualification is to support anyone who is responsible for the safeguarding of people and for helping prevent radicalisation. It gives learners an understanding of recognising the signs of abuse, how to reduce the risk of radicalisation and the potential consequences of illegal online activity.



### **Benefits**

- Achieve a nationally recognised Level 2 qualification
- Evidence your competency to employers.
- Further your personal and professional development
- Know how to recognise signs of abuse or potential here.
- Learn at a time that suits you without the need to attend college

## What you will learn

- Unit 1 Understanding the Prevent Duty
- Unit 2 Understanding Safeguarding
- Unit 3 Understanding Online Safety



- Aged 19+ (born before 01/09/1998)
- Lived in the EU for 3 years



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# TLA CATERING DEPARTMENT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fresh Pizza (Wheat Gluten Milk) Cottage Pie V (Wheat Gluten Barley Potato Wedges Peas Syrup Sponge (Wheat Milk Egg Gluten) Custard (Milk)	Lasagne & Garlic Bread (Wheat Milk Gluten) Cauliflower Cheese V (Wheat Milk) Parsley Potatoes Sweetcorn Apple Crumble (Wheat Gluten)	Chicken Curry & Rice (Gluten Soya Wheat Mustard) Sauté Potatoes Tomato & Brie Flan V (Mlk Wheat Gluten Egg) Citrus Sponge (Mlk Gluten Wheat)	Pasta Bolognaise (Wheat Gluten) Parsley Potatoes Steamed Carrots Cheese & Leek Wrap V Wheat Milk Gluten) Bakewell Tart (Wheat Gluten Egg Milk) Custard (Mik)	All Day Breakfast (Wheat Gluten Egg MIIK) Hash Browns Beans Quiche (Wheat MIIK Egg) Marble Cake (Wheat Gluten) Custard (MIK)
SANDWICHES				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken & Bacon Sandwich Cheese Salad Wrap Sausage Sandwich Ham Sub Cheese Sub	Chicken Mayo Sandwich BLT Cheese Sandwich Cheese Sub Chicken Sub	All Day Breakfast Ham Sandwich Chicken Sandwich Cheese Sub Ham Sub	Ham Sandwich Chicken Salad Wrap Cream Cheese & Cucumber Chicken Sub Cheese Sub	Cheese Sandwich Chicken Sandwich BLT Cheese Sub Ham Sub
HOT & COLD FOOD TO TAKE AWAY DAILY				
AS SORTED PANINIS				
SALAD CART				

SPECIALS WILL BE ANNOUNCED DAILY ON THE INFORMATION TVS