

Colchester Rock Prom

The Colchester Rock Prom took place at the Arts Centre on Tuesday 3rd March. Each school in Colchester is invited to take a band to perform a 10 minute set. Anorak Patch (Effie Lawrence, Eleanor Helliwell, Luca Ryland and Oscar Ryland) were chosen to represent TLA, along with Archie Constantine-Knight who was the only solo act of the evening.



It was a pleasure to watch all of the acts perform. The atmosphere was buzzing and it was lovely to see all of the youngsters supporting each other's performances by dancing and cheering along.



Anorak Patch performed 4 original songs including 'Beans' which has now been broadcast on various radio stations including Radio 1! The group are becoming quite well known locally now so it was great to see so many other students from other schools singing along to Anorak Patch's songs that they wrote themselves!



I was also extremely proud of Archie Constantine-Knight who performed a solo set. Other than school concerts, this was the first time that Archie had performed live and the crowd loved his performance. He played guitar and sang two of his own original songs (one was his GCSE Music composition) as well as an Arctic Monkeys number. It is not easy to get on stage completely on your own so Archie did incredibly well.



Ms T Curd

Lead Teacher of Music



TEACHER OF SCIENCE - SEPTEMBER 2020

MPS/UPS - £24,373 to £40,490
(Suitable for an experienced or newly qualified teacher)

RESPONSIBILITY POST IN MATHEMATICS - SEPTEMBER 2020

MPS/UPS + TLR 2 (Up to £6,829)

Details for jobs are available on <https://www.sigmatrust.org.uk/our-career-opportunities/>

Child Protection Policy

The Thomas Lord Audley School's Child Protection Policy is available via the School Website

Mock / Pre-Public Timetable Wednesday 18 - Friday 20 March 2020

18-Mar	A Tuesday 1	Tuesday 2	Tuesday 3	Tuesday 4	Tuesday 5
	German Speaking		German Speaking		German Speaking
19-Mar	A Thursday 1	Thursday 2	Thursday 3	Thursday 4	Thursday 5
	German Speaking		German Speaking		German Speaking



Attendance Winners

Last week's attendance winners with 98.4% attendance were 10A-BL

TLA House Point Totals

1st	Austen	2.6	
2nd	Darwin	1.91	Kayden Farrington-Shave, 7N-EP, was the top earner for last week with 16 house points . Well Done!
3rd	Nelson	1.84	

Assemblies for week commencing 16 March 2020

This week the House Assemblies are being led by Mr J Williams on Numeracy. The Year 11 Assembly will be led by Mr M Pulford and Miss L Price.

Medical Appointments

We would kindly appreciate it if you could let the school know of any medical appointments in advance by:

- Writing appointment in Student Planner or give a copy of appointment card
- Student to go to Student Services on the day to collect an Early Leaving Slip.
- Parent to collect student from Main Reception.

This will hopefully ensure students are ready for collection when parents arrive.



Students in Medical Room

Dear Parents/Carers

Please be aware that children leaving school due to illness or injury, will no longer be permitted to travel home unsupervised. Previously, if parental consent was given, children could take themselves home when unwell.

This decision has been made to ensure the safety of our students by reducing the possibility that they could fall ill on their way home.

We would advise that emergency arrangements, with relatives or friends, are made as a precaution, should your child become unwell and you are unable to collect them. Please ensure all contact details we hold are up to date including mobile phone numbers.

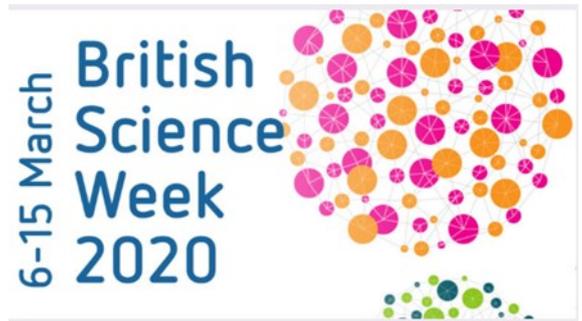
Our First Aid policy can be viewed in full on the school website <https://www.tla.essex.sch.uk/policies>

We thank you for your continued support.



British Science Week

Last week was British Science Week, which is an annual celebration of Science, Technology, Engineering and Maths (STEM) subjects. The purpose is to promote STEM related subjects to help inspire young people to broaden their knowledge and understanding of these subjects and future career options that they may lead to.



Year 9 – Colchester Institute Engineering Department



On Monday, sixty three Year 9 students had the opportunity to work with staff from Colchester Institute's Engineering Department where they heard about the diverse opportunities that studying STEM subjects can lead to. As part of the workshop the students then created and tested their own wind turbines. The students enjoyed the workshops and learnt that as an engineer you design and create a product but when it does not work then you have to go back and re-look at your design to see how it can be improved.

Year 8 – Anglian Water

Over two days the Year 8 students worked with Anglian Water and participated in their 'Water Supply Challenge'. The students worked in groups and had to work out how to get a water supply from its source to seven different areas and with all areas receiving the same pressure of water, within a £12,000 budget.

Once they had designed and costed their plan the students were then able to build their supply and test it. The groups all came up with different designs, some creating a design that meant that those closest received more water than those further away but many worked out how to design and build a circuit so that they all received a supply of water at the same time and pressure.



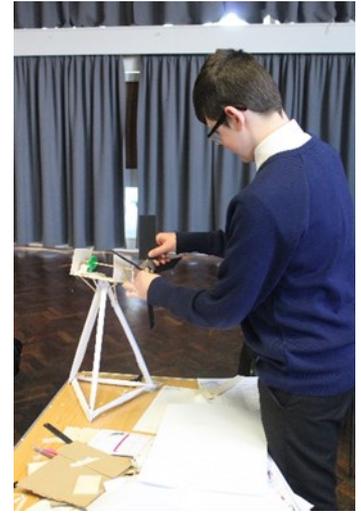
During the workshop the students also learned that Anglian Water employ over 5000 members of staff in 1,081 different roles within the organisation and offer employment opportunities to young people leaving school, apprenticeships or those with a degree.

Year 10 – SmallPeice Trust

Sixty Year 10 students worked with SmallPeice Trust on their ‘Desert Island Challenge’ where the students were working in groups to design and build a wind turbine and water supply system. The students initially had to work in groups to design and cost both of their ideas and then once constructed in the afternoon the turbines and water systems were tested.

With all of these activities the students developed their STEM knowledge and career opportunities that these subjects can lead to. They also learned about the soft skills that employers are looking for in young people including teamwork, communication and problem solving.

Mrs Green
Careers Leader



Social Media Phishing

It is well-known that email messages, texts and phone calls are methods commonly used by criminals to approach people with the aim of committing financial or identity fraud ... or both. However, social media is also a favourite method used by criminals to deceive their victims, as it makes their work very simple. With over 1.3 billion people logging on to their favourite social media accounts every month, and the trust that many have in the wider community of users, social media phishing represents a rich source of income for fraudsters.

The risks

You click on a link in a tweet, or a post on your social media or video hosting site – or in a direct message – either advertising a gift or special offer... or, ironically, warning you to take action to avoid some kind of financial loss. This could appear to be from anybody – including a trusted contact if their social media account has been compromised or identity spoofed.

- The link takes you to a website which requests confidential details or causes your computer or mobile device to be infected with malware.
- Alternatively, the post, tweet or message may instruct you to make a phone call to a specified number. This can either result in confidential details being requested, or be to a premium rate number resulting in exorbitant charges being added to your phone bill.
- The criminal creates a convincing but fake Twitter customer service account with a handle similar to the bank's real one. They wait for you to tweet at the bank's genuine handle with a help request, then hijack the conversation by responding with a fraudulent support link sent from the fake support page. This will direct you to a convincing but fake login page designed to capture your confidential detail.

Like fraudulent emails, texts and phone calls, social media phishing plays on your basic human emotions and needs, such as trust, safety, fear of losing money, getting something for nothing, eagerness to find a bargain or desire to find love or popularity/status. They also generally state or imply the need for your urgent action to either avoid an issue or take advantage of an offer.

How to avoid becoming a victim of social media phishing

- Do not click on links in posts, tweets or direct messages unless you are 100% certain that they are genuine and well-intentioned.
- Take time to consider your actions before responding to approaches on social media.
- Ask yourself if somebody genuine would really contact you in this way with this information.
- Recognise threats of financial issues or offers that seem too good to be true, for what they really are.
- If in doubt, call the correct number of the organisation or individual from whom the post or tweet claims to be from, to check its authenticity.
- Even if the post or tweet seems to come from someone you trust, their account may have been hacked or spoofed.
- If the approach is via Twitter, note that accounts of legitimate businesses usually feature blue 'verified' tick to indicate that the account is authentic. They will also never request login credentials.
- Also, check for the number of followers on the account. Genuine organisations – including their customer support handles – are likely to have a much larger following.





WHAT IS EQUIP?

Equip is a weekly self development, group-work programme run in schools and in the community, which is aimed at boys age 11-15 with absent fathers or limited access to a male role model, delivered over a period of six months. Each cohort is made up of 8 boys. Boys are identified by parent referral and / or in conjunction with school staff. Equip is supported by bush-craft, sailing and outdoor activities which take place during the school holidays or weekends. Equip is led by a facilitator and a team of up to four trained and vetted male volunteer mentors.

The weekly sessions cover a range of topics such as; anger and emotions, dealing with conflict, risk taking and consequences, managing stress, healthy v unhealthy relationships and much more.

Boys will be required to complete an assessment before a place is considered.

Funded by Essex Youth Service.



EQUIP AIMS

Equip aims to help boys develop emotional intelligence, reduce anger, increase confidence, resilience, motivation, self-esteem, improve behaviour, relationships and attitude towards school. Equip enables boys to cope with problems and issues faced at home and school and explore the important choices they face in their adolescent development.

NOW TAKING REFERRALS FOR OUR MAY EVENING PROGRAMMES IN TENDRING AND COLCHESTER:
Email: info@ladsneeddads.org
or telephone 07553 618033

CLOSING DATE: 31st MARCH



Lads Need Dads

Equipping, Engaging and Inspiring Young Men

Tel: 01255 764603 / 07553 618033

✉ info@ladsneeddads.org follow us [f /ladsneeddads.org](https://www.facebook.com/ladsneeddads.org)

www.ladsneeddads.org

Room 4, Imperial House, 20-22 Rosemary Road, Clacton-On-Sea, Essex CO15 1NZ

Lads Need Dads is a Non-Profit Community Interest Company. Company No. 1628604.

--- AWARDS RECEIVED ---



Finance Notices

1. Sharp el-531 calculators available via ParentPay for £4.40
2. Replacement catering cards available via ParentPay for £3
3. TLA school ties are available via ParentPay for £6.00
4. TLA school tie (clip-on) are available via ParentPay for £5.25
5. Replacement locker key are available via ParentPay for £3.00
6. OCR GCSE PE revision guide available via ParentPay for £7
7. Year 7 Mersea Camp - 2nd instalment is now overdue
8. Year 11 Edexcel Maths Revision Guides are available via ParentPay for £5.50
9. Year 11 Leavers Hooded Top. Full payment is requested by Friday 3 April 2020

Can we please ask you to check your child's catering card balance and clear any debt

Diary Dates

Friday 20 March	Schools Prom @ Charter Hall - CANCELLED
Monday 23 March	Have you say - CANCELLED
Tuesday 31 March	Jack Petchey 'Speak Out' - CANCELLED
Tuesday 31 March	STEM-tacular - CANCELLED
April 2020	Holland Residential - CANCELLED
Monday 11 May	Brilliant Club - CANCELLED
Saturday 16 May	European Championship Rugby - CANCELLED
Thursday 18 June	Year 11 Prom
Friday 19 June	Year 7 day trip to France - CANCELLED
July 2020	Germany Residential - CANCELLED



TLA Catering Department

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Toad in the Hole (Wheat Milk Egg Gluten) Tomato Pasta Bake (Wheat Gluten) Parsley Potatoes Steamed Sweetcorn Jam Sponge (Wheat Milk Egg Gluten)	Sweet & Sour Chicken with Brown Rice (Wheat Gluten) Spaghetti Bolognaise V (Egg Wheat Barley) Potato Wedges Baked Beans Cheesecake (Wheat Milk)	Roast of the Day Roast Potatoes Carrots Savoy Cabbage Cheese & Leek Tart (Milk Egg Wheat Gluten) Lemon Sponge (Milk Egg Wheat Gluten)	Cottage Pie (Soya Barley Wheat Milk Gluten) Lyonnais Potato (Celery Gluten Wheat) Sweetcorn Quorn Chilli & Rice (Wheat Soya Egg Gluten) Cornflake Cake (Wheat Milk Gluten)	Chicken Goujons (Wheat Egg Milk Gluten) Chips Peas Vegetable Bake (Gluten Milk Wheat Egg) Apple Pie (Wheat Milk Gluten)

Sandwiches

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken & Bacon Sandwich Cheese Salad Wrap Sausage Sandwich Ham Sub Cheese Sub	Chicken Mayo Sandwich BLT Cheese Sandwich Cheese Sub Chicken Sub	All Day Breakfast Ham Sandwich Chicken Sandwich Cheese Sub Ham Sub	Ham Sandwich Chicken Salad Wrap Cream Cheese & Cucumber Chicken Sub Cheese Sub	Cheese Sandwich Chicken Sandwich BLT Cheese Sub Ham Sub
HOT & COLD FOOD TO TAKE AWAY DAILY				
ASSORTED PANINIS				
SALAD CART				
SPECIALS WILL BE ANNOUNCED DAILY ON THE INFORMATION TVS				

