

## Jack Petchey Foundation Winners

I am pleased to advise the winners of Jack Petchey

### Achievement in School

Leah Ferguson - outstanding Prefect whose contributions to school life is enormous

### Achievement out of School

Dominique Bye - raising money for autism charities

### Special Award

Aimee Wass - for her support for St John's Ambulance

Mrs Hughes

PA to Headteacher



### Assemblies for week commencing 15 July

This week the House Assemblies are being led by each Head of House associated with rewards.

### Lost Property

Lost property will be displayed at the Student Office from Monday 15 July until the end of this term



### Finance Notices

1. Sharp el-531 calculators available via ParentPay
2. TLA school tie and replacement locker key available via ParentPay
3. Year 8 English Revision guides available via ParentPay

**Can we please ask you to check your child's catering card balance and clear any debt. Please ensure that there is credit on it for September**

### Diary Dates

Tuesday 16 July	Sports Day
Thursday 18 July	Year 10 Belgium Trip
Tuesday 23 July	Last day of Summer Term
Tuesday 3 September	First day of Autumn Term

### Child Protection Policy

The Thomas Lord Audley School's Child Protection Policy is available via the School Website

### Personal Items

REMINDER — Students must take full responsibility for any personal items they bring into School e.g. mobiles phones & headphones etc

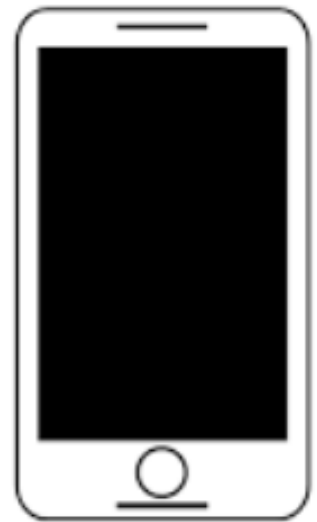


## Mobile Phones in school

As from September we will be adjusting our policy regarding mobile phones in school. This is due to both a change in the statutory guidance for schools in relation to internet accessibility and to the well-publicised concerns around emotional well-being for young people regarding social media.

From September, students will not be permitted to use mobile phones in school at any time, including break and lunchtime. If they are seen they will be removed and will have to be collected by the student at the end of the day.

Should you wish to contact your child during the school day please call the main school number and a message can be passed to them. We have had a number of occasions this year when lessons have been disturbed when a phone has been left on and a parent has called or sent a text during lesson time.



This decision has been taken after much consideration and is to safeguard our students and support their well-being. We would, therefore, be grateful if you would discuss this with your child and support us in making this as smooth as change as possible at the start of the new term.

Ms Boast  
Headteacher

## Little Princes Trust Fundraiser

One of our students Emily Stanton 8D-KL is raising money for the Little Princes Trust Fundraise. On the 31 August she will be having her hair cut for the Little Princess Trust.

Here is the link for her just giving page – should you wish to donate.

<https://www.justgiving.com/fundraising/emilyhair>



### TLA House Cup Totals

1st Austen 45.72

2nd Darwin 45.00

3rd Nelson 43.94

Last weeks top earner was Dylan Bull 8D-KL with 22 stars. Well Done!

### Warm Weather

With the weather getting warmer, could you please ensure that your child comes to school with a bottle of water to prevent them from becoming dehydrated. They can be refilled using the filter water tap by the Kitchen.

A number of students are turning up at Student Reception complaining of headaches, which often can be attributed to dehydration.



### Attendance Winners

This week's attendance winners with 96.59% attendance were 9A-HW Congratulations!

### Head Lice

It has been drawn to our attention that there are students within the School who currently have head lice.

Could we please ask that you check your child's hair and if any are found please treat them.

For more information on how to treat them please go to <https://www.nhs.uk/conditions/head-lice-and-nits/>



### Medication in school

We keep a very small supply of paracetamol in school for use in emergencies only. Just recently we had had children requesting Calpol and antihistamine tablets for hay fever. We are not able to provide these so if you know that your child may need them during the day please make sure they have them with them.

We are happy to store these during the day if you do not want your son/daughter to carry them with them during the day. If this is the case we ask that you make sure that they are clearly labelled and handed in to the Student Office.



## School Uniform Reminder

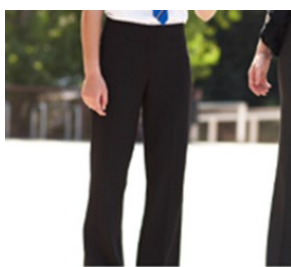
We are nearing the end of the current school year and therefore I would like to take this opportunity to remind you of the standards that we expect regarding uniform.

Students must wear full school uniform:

- **Black school trousers/knee length skirt (our school skirt and trouser designs ONLY)**
- Black socks, ankle or knee length (no over-knee length)
- White shirt (to include a collar and a top button)
- School tie
- Navy blue jumper (with school logo)
- Plain black sensible shoes (no coloured marking or decoration)
- Coat or jacket (no 'hoodies' or extra jumpers/cardigans to be worn in school)

In order to avoid any confusion for September 2019, the only acceptable designs of trouser or skirt are those outlined on our link on the school uniform website [www.tla.essex.sch.uk](http://www.tla.essex.sch.uk) or visit [www.yourschoolwear.co.uk](http://www.yourschoolwear.co.uk)

Please see the pictures from the website outlined below:



Girl's Boot Cut Trousers



Girl's Slim Leg Trousers



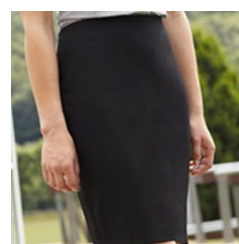
Girl's Pleated Skirt



Boy's Slim Leg Trousers



Boy's School Trousers



Girl's Pencil Skirt

If trousers or skirts are purchased from other outlets they should be a similar design. They should **not** be 'skinny' (tight all the way down to the ankle), or made of stretchy material e.g. leggings or in the style of, or resembling, black jeans. We appreciate that some shops are selling 'school trousers' in these styles, but they are not acceptable as part of the uniform for students at The Thomas Lord Audley School.

Jewellery should be restricted to one set of ear studs and wristwatch. Nose studs and other piercings are NOT acceptable in school and contravene Health and Safety regulations. (NO JEWELLERY IS TO BE WORN DURING P.E. LESSONS).

If you need any further clarification, please do not hesitate to contact us for advice.

Ms H Boast  
Headteacher

# TLA Catering Department

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Beef Burger</b> (Wheat Gluten Milk)	<b>Fresh Chicken Pie</b> (Wheat Milk Gluten)	<b>Roast of the Day</b>	<b>Sausage Roll</b> (Gluten Soya Wheat Egg)	<b>Fish n Batter</b> (Fish Milk Gluten)
<b>Lasagne V</b> (Wheat Gluten Barley)	<b>Quiche V</b> (Wheat, Gluten, Egg, Milk)	<b>Roast Potatoes</b>	<b>Baked Fresh Cajun Wedges</b> (Celery Gluten Wheat)	<b>Chips</b>
<b>Baked Fresh Potato Wedges</b>	<b>Creamed Potatoes</b>	<b>Steamed Carrots</b>	<b>Baked Beans</b>	<b>Peas</b>
<b>Sweetcorn</b>	<b>Carrots</b>	<b>Cabbage</b>	<b>Macaroni Cheese</b>	<b>Steamed Salmon</b> (Fish)
<b>Sponge</b> (Wheat Milk Egg Gluten)	<b>Apple Crumble</b> (Wheat Gluten)	<b>Lentil Curry V</b> (Wheat Gluten)	<b>Choc Oat Cake</b> (Wheat Barley Milk)	<b>Marble Cake</b> (Wheat Gluten)
		<b>Jam Doughnuts</b> (Wheat Gluten Milk)		

## Sandwiches

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Chicken &amp; Bacon Sandwich</b>	<b>Chicken Mayo Sandwich</b>	<b>All Day Breakfast</b>	<b>Ham Sandwich</b>	<b>Cheese Sandwich</b>
<b>Cheese Salad Wrap</b>	<b>BLT</b>	<b>Ham Sandwich</b>	<b>Chicken Salad Wrap</b>	<b>Chicken Sandwich</b>
<b>Sausage Sandwich</b>	<b>Cheese Sandwich</b>	<b>Chicken Sandwich</b>	<b>Cream Cheese &amp; Cucumber</b>	<b>BLT</b>
<b>Ham Sub</b>	<b>Cheese Sub</b>	<b>Cheese Sub</b>	<b>Chicken Sub</b>	<b>Cheese Sub</b>
<b>Cheese Sub</b>	<b>Chicken Sub</b>	<b>Ham Sub</b>	<b>Cheese Sub</b>	<b>Ham Sub</b>
<b>HOT &amp; COLD FOOD TO TAKE AWAY DAILY</b>				
<b>ASSORTED PANINIS</b>				
<b>SALAD CART</b>				
<b>SPECIALS WILL BE ANNOUNCED DAILY ON THE INFORMATION TVS</b>				





## My child uses Tinder – now what?



We often assume the online dating world is strictly adults only, but as it turns out this isn't always the case. Because credit cards are normally age-restricted, paid dating services are fairly effective at keeping out underage users – but lots of dating sites and apps are free and don't have such robust checks.

Tinder is officially 18+ now, but as most parents are well aware, age limits aren't foolproof. If you discover your child has a Tinder profile, what should you know – and what can you do?

### First things first: what is Tinder?

It's a free online dating app. Users sign up with Facebook and are matched based on location, mutual friends and shared interests. One of its most distinctive features is the way you show interest in other users – swiping right on their profile. It has a reputation as a 'hook up' app, but many users will tell you this is undeserved.

Tinder still relies on users' Facebook information for age verification, so under-18s who have an incorrect age listed on Facebook may still be able to sign up.

### What can I do if my teen has joined?

If your child is using Tinder and you're not happy about it, the best thing for you to do is to speak to them about it directly. Because Tinder is now 18+ their potential matches will be mostly adults, so it's especially important to explain your concerns and talk to them about staying safe.

It's safest for under 18s to avoid online dating, but if you do discover that your teen uses Tinder, here are some things for you (and your child) to keep in mind:

1. If your child is under 18, signing up will mean lying about their age. Most adults on Tinder are there to match with other adults and won't want to start a friendship or relationship based on dishonesty.
2. Meeting new people online is risky, especially for young people. Anyone of any age should be very careful how much personal information they reveal online. Because Tinder links up with Facebook, anyone who uses it should check all their privacy settings on Facebook to make sure they're not revealing too much. Go to this website to find out how to set these up <https://parentinfo.org/article/setting-safety-and-privacy-settings-for-social-media-apps>

If your child does meet someone online (on Tinder or any other site, even one specifically for teens), it's always risky to meet up with them face to face. If you think your child is considering meeting up with an online friend, you might want to remind them of the dangers and share these common sense rules for staying safer from NCA-CEOP:

- Always meet and stay in a busy public place.
- Do take a trusted, responsible adult with you, not a friend. If the person you're meeting with isn't being honest taking a friend will put you both at risk.
- Make sure a friend or family member knows who you are meeting, where you are going and when you'll be back.
- If your instincts tell you something is wrong, it probably is. If the person you meet doesn't look like the person you've been talking to leave as soon as possible.
- Don't accept a lift from the person you're meeting.
- Stay sober.
- Take your mobile phone, keep it switched on and topped up with credit.
- Your personal belongings can be stolen, don't leave them unattended.

You can find more information about online dating for young people from NCA-CEOP <https://www.thinkuknow.co.uk/parents/articles/has-your-child-used-online-dating-services/>



## Colchester Youth Award

A short while ago, I nominated Sam Copus in Year 11 for a Colchester Youth Award. I was delighted when I received the news that he had been shortlisted as a finalist for the Arts Award. The awards took place on Tuesday evening which I attended along with Sam and his parents.

I nominated Sam as he has been an outstanding student during his time at TLA. Many of you will have seen Sam performing at various concerts over the years. He recently passed his Grade 6 piano with Distinction which is an amazing achievement at his age. He is also an excellent drummer and has helped the school enormously by working as a sound and lighting technician for various shows, assemblies and school events.

Unfortunately Sam did not win the award but was recognised as a finalist with a medal. I am glad that his achievements have been recognised and I am incredibly proud of him. Sam is going to continue his studies in Music and wants to specialise in Music Technology next year.

Mrs Curd

Music Department

